

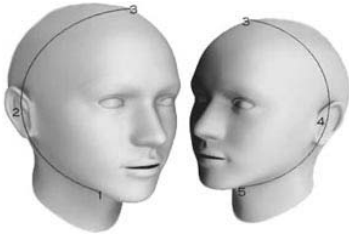
Sizing Help

How to Correctly Measure for your Uniforms & Equipment

BLADES (Ask your coach for advice on blade size)

#0 & #2 Blades are recommended for children ages 10 and Under.
#5 Blades are standard Adult size and recommended for anyone age 11 and Above.

MASKS



Starting from underneath the chin, go up the side of the head, over one ear, over the top of the head, back down the other ear, and back to under the chin to make a complete circle. (Essentially you're measuring the circumference of the part of your face that the mask will be encircling.) Use a soft ruler or yarn to measure, and make sure to keep it snug or else you'll wind up with a mask that's too large.

Also Note: *Your masks are adjustable!* If you receive your mask and are unsure if it fits, please ask your coach or an experienced team mate to help you adjust your mask before exchanging it for an alternate size.

If you measure in at the following you need this size mask:

XS	Small (0)	Medium (1)	Large (2)	XL (3)
Under 21"	21"-23"	24"-25"	26"-28"	Over 28"

JACKETS

For Men: Take a chest measurement under your armpits around the fullest part of chest and shoulder blades.

For Women: Measure under breasts, but as high up as you can go, keeping the tape measure parallel when you reach around your back. After taking your chest measurement, add the following amount of inch according to which jacket type you are sizing for below.

Cotton: Add 6" *Comfort: Add 4"* *Padded: Add 6"* *Nylon & Stretchy: Add 4"* *Clearance: Add 6-8"*

UNDERARM PROTECTORS

PLASTIC CHEST PROTECTORS

For both Men and Women, sizing is based off of what jacket size you wear and height. Please use the tables below to determine what range your numerical jacket size falls into.

For Men this is based off your height (lower column) and for Women, sizing is based off your bra size (upper column).

XS	Small	Medium	Large	XL / XXL	XS	Small	Medium	Large	XL
32 - 34	36 - 38	40 - 42	44	46 - 48 +	Training	32ABCD 34ABC	34DE 36ABC	36DE	38 +
Under 5'	5'1" - 5'3"	5'4" - 5'6"	5'7" - 5'11"	6' +	4' - 5'	5'1" - 5'3"	5'4" - 5'6"	5'7" - 5'11"	6' +

FOIL LAMES

SABRE LAMES

Foil lames are usually the same size as your jacket. Add 6" to your chest measurement for an average fit. You may be able to get away with adding 4" for a very snug fit.

Sabre lames are usually the one size larger than your jacket. Add 8" for your chest measurement for an average fit. You may be able to get away with adding 6" for a very snug fit.

GLOVES

Measure around your palm (excluding your thumb) and add 0.5". The chart below notes what size range your final measurement falls into.

XS	Small	Medium	Large	XL
6½ - 7	7½ - 8	8½ - 9	9½ - 10	10½ - 11

KNICKERS

To size for knickers, simply take your waist measurement (just above your belly button). Whatever your measurement is, is what size knickers you need. The chart below notes what size range your final measurement falls into. Add 2 additional inches for cotton knickers only.

XS	Small	Medium	Large	XL	XX-L
22 - 26	28	30 - 32	34	36 - 38	40

SOCKS (Men's Sizes Only)

Absolute Socks	Small	37-39 / 4 - 6	Medium	40-42 / 7 - 9	Large	43-45 / 10 - 12	X-Large	46-47 / 13 - 14
Uhlmann Socks	I	36-38 / 4 - 5	II	39-41 / 6 - 8	III	42-43 / 9 - 10	IV	44-46 / 11 - 13
Adidas Socks	II	37-39 / 4 - 6	III	40-42 / 7 - 9	IV	43-45 / 10 - 12	V	46-48 / 13 - 15

SHOES (Men's Sizes Only)

US	3½	4	4½	5	5½	6	6½	7	7½	8	8½	9	9½	10	10½	11	11½	12	12½	13	13½	14
EU	-	37	-	38	-	39	-	40	-	41	-	42	-	43	-	44	-	45	-	46	-	47
UK	3	3½	4	4½	5	5½	6	6½	7	7½	8	8½	9	9½	10	10½	11	11½	12	12½	13	13½

MEN'S EUROPEAN SIZING

WOMEN'S EUROPEAN SIZING

US Jacket Size	34	36	38	40	42	44	46	48	50	US Jacket Size	34	36	38	40	42	44	46	48
AF FIE/Uhlmann	44	46	48	50	52	54	56	58		AF FIE/Uhlmann	34	36	38	40	42	44	46	48
Negrini Stretch	-	46	48	50	52	54	56	58		Negrini Stretch	-	40	42	44	46	48	50	-
US Knickers Size	26	28	30	32	34	36	38	40		US Knickers Size	24	26	28	30	32	34	36	38
AF FIE/Uhlmann	-	44	46	48	50	52	54	56		AF FIE/Uhlmann	-	36	38	40	42	44	46	48
Negrini Stretch	-	-	46	48	50	52	54	56		Negrini Stretch	-	-	42	44	46	48	50	-